

Menu 1

Soup of the Day

Crackers

Assorted Cocktail Sandwiches & Wraps

Egg, Tuna, Chicken Salad, Black Forest Ham, Smoked Deli Chicken

Raw Vegetable Platter

Carrots, Peppers, Cucumbers, Broccoli, Cauliflower, Celery & Ranch Dip

Canadian Cheese Platter

Crackers, Mozzarella, Cheddar, Marble & Camembert Cheese

Assorted Pickle Platters

Sweet Mix Pickles, Olives & Hot Peppers

Seasonal Fruit Platter

Assorted Dessert Squares

Menu 2

Soup of the Day

Crackers

Create Your Own Salad

Raspberry Dressing & Balsamic Dressing with Crisp Romaine, Baby Salad Greens

Cucumbers, Peppers, Carrot, Radish, Onion, Kalamata Olives, Feta Cheese, Croutons

Create Your Own Sandwiches

Assorted Wraps, Fresh Italian, Whole Wheat & White Kaisers

Platters of Sliced Black Forest Ham, Smoked Deli Chicken & AAA Roasted Beef

Egg, Tuna & Chicken Salad

Sliced Tomato & Cucumber, Onions, Shredded Lettuce

Mayo, Mustard, Grainy Mustard, Butter & Horseradish

Canadian Cheese Platter

Crackers, Mozzarella, Cheddar, Marble & Camembert Cheese

Assorted Pickle Platters

Sweet Mix Pickles, Olives & Hot Peppers

Seasonal Fruit Platter

Assorted Cookies, Mini Tarts & Squares Platters

Menu 3

Soup of the Day
Crackers

Baby Salad Green with Beet/Carrot & Pepper Curls
Balsamic Vinaigrette

Potato & Dill Salad

Assorted Artisan Sandwiches
Egg, Tuna, Chicken Salad, Black Forest Ham, Smoked Deli Chicken, AAA
Roast Beef

Raw Vegetable Platter
Carrots, Peppers, Cucumbers, Broccoli, Cauliflower, Celery & Ranch Dip

Canadian Cheese Platter
Crackers, Mozzarella, Cheddar, Swiss & Camembert Cheese

Assorted Pickle Platters
Sweet Mix Pickles, Olives & Hot Peppers

Seasonal Fresh Fruit Platter

Assorted Mini Tarts/Cookies/Squares

Soup of the Day Choices

Butternut Squash & Apple
Beef Barley
Roasted Red Pepper

*Tomato Bisque
Chicken & Rice
Vegetable Soup
Roasted Garlic & Potato
Thai Vegetable*

We can also provide gluten free/vegan & vegetarian options for guests with allergies or food sensitivities.

**(surcharges may apply for
or speciality requests)**

Lunch & Light Dinner Options Corporate Menus

Menu 4

**Assorted Rolls
Margarine & Butter Pods**

**Baby Salads Greens
Topped with Beet/Carrot & Pepper Curls/Balsamic Vinaigrette**

Chicken or Beef or Vegetable Stir Fry

Stir Fried Vegetables/Stir Fry Sauce

White Basmati Rice Pilaf

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 5

**Assorted Rolls
Margarine & Butter Pods**

**Greek Salad
Romaine/Tomato/Cucumbers/Peppers/Tomato/Feta/Olives/Onion/Greek Dressing**

Grilled Chicken with Roasted Pepper Sauce

Or

Grilled Lemon & Rosemary Grilled Chicken

Vegetable Rice Pilaf or Mashed Potato

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 6

Soft Tortilla Shells

Garden Salad

Carrot/Peppers/Cucumbers/Tomato /Italian Dressing

*Julienne of Chicken Breast or Julienne of AAA Sirloin Of Beef
Shredded Lettuce/Diced Tomato/Diced Sweet Peppers/Salsa/Sour Cream/Shredded
Cheese*

Sauté Peppers/Onion/Mushrooms

Dirty Rice or Vegetable White Rice

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 7

Garlic & Cheese Bread Sticks

Caesar Salad

Romaine/Croutons/Parmesan Cheese/Dressing

Penne Pasta or Fussily Pasta

*Marinara Sauce/Julienne of Chicken/Mixed with Sauté Peppers/Onion/Sun Dried
Tomato*

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 8

Garlic & Cheese Bread Sticks

Caesar Salad

Romaine/Croutons/Parmesan Cheese/Dressing

Meat Lasagna or Vegetarian Lasagna

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 9

Assorted Rolls

Margarine & Butter Pods

Baby Salad Greens

Topped With Beet/Carrot & Pepper Curls/Balsamic Vinaigrette

Beef Bourguignon

Diced Top Sirloin/Mushrooms/Onion/Diced Tomato in a Rich Beef Jus

Wild Rice Pilaf or Mashed Potato

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 10

Assorted Rolls

Margarine & Butter Pods

Garden Salad

Carrot/Peppers/Cucumbers/Tomato / Italian Dressing

Creamy Curry Chicken Stew

Diced Chicken/Carrot/Corn/Peas/Celery/Diced Tomato in a Rich Cream Sauce

Couscous or Wild Rice Pilaf

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 11

Assorted Rolls

Margarine & Butter Pods

Baby Salad Greens

Topped with Beet/Carrot & Pepper Curls/Balsamic Vinaigrette

Chicken Pot Pie or Sheppard's Pie

Carrot/Corn/Peas/Celery

Vegetable White Rice Pilaf

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 12

**Assorted Rolls
Margarine & Butter Pods**

**Garden Salad
Carrot/Peppers/Cucumbers/Tomato/Italian Dressing**

**Chicken or Beef Chasseur
(Grilled Chicken Breast or Shaved AAA Sirloin of Beef)
Both are in a rich jus with Mushroom/Caramelized Onion/Sweet Peppers**

Wild Rice Pilaf or Mashed Potato

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 13

**Assorted Rolls
Margarine & Butter Pods**

**Greek Salad
Romaine/Tomato/Cucumbers/Peppers/Tomato/Feta/Olives/Onion/Greek Dressing**

**Chicken or Pork Souvlaki
Tzatziki Sauces/Hummus**

Mediterranean Rice Pilaf or Mediterranean Couscous

Dessert Squares or Fresh Seasonal Fruit Platter

Menu 14

Hard & Soft Tortilla Shells

Garden Salad

Carrot/Peppers/Cucumbers/Tomato /Italian Dressing

***Mexican Seasoned Ground Chicken or Mexican Seasoned Ground Beef
Shredded Lettuce/Diced Onion/Diced Tomato/Diced Sweet Peppers/Salsa/Sour
Cream/Shredded Cheese***

Mexican Scented Dirty Rice

Dessert Squares or Fresh Seasonal Fruit Platter

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